

MICHELLE RANDOLPH

Phone: 907-222-5077 Fax: 907-222-5088

DATE OF PROCEDURE:

TIME OF PROCEDURE:

CHECK IN TIME:

PROCEDURE LOCATION:

THE WHOLE DAY BEFORE PROCEDURE

- CLEAR LIQUIDS ONLY
- DO NOT DRINK MILK
- DO NOT CONSUME ANYTHING RED OR PURPLE
- DO NOT DRINK ALCOHOL
- STAY HYDRATED

LIQUIDS OK TO DRINK

- STRAINED FRUIT JUICE (NO PULP)
INCLUDING APPLE, ORANGE, WHITE GRAPE,
WHITE CRANBERRY
- LEMONADE OR LIMEADE
- COFFEE OR TEA (WITHOUT MILK, DAIRY, OR
NON-DAIRY CREAMER)
- CLEAR BROTH
- GELATIN DESSERTS WITHOUT ADDED FRUIT OR
TOPPINGS (NO RED OR PURPLE)
- CLEAR SODA (GINGER ALE)

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GOLYTELY INSTRUCTIONS



Depending on your pharmacy, Golytely will be available in a 4-liter bottle or 1 gallon powder packet (for reconstitution to 1 gallon). Golytely is available in regular or pineapple flavor.

REMINDERS **STOP ALL CLEAR LIQUIDS LEAST 2 HOURS BEFORE YOUR PROCEDURE**

- If you are taking any blood thinners please discuss with Dr. Randolph.
- Patients that are diabetic
Take ½ the dose of your diabetic medication the day before your procedure & none the day of your procedure.
- Please go and pick up your prep at the pharmacy.
- To cancel or reschedule a procedure, you must notify our office 4 business days in advance to avoid a cancellation fee: \$100.**
- 5 days before your procedure, DO NOT EAT ANY SEEDS OR NUTS.
- 1 day before procedure, you will be on a clear liquid diet the whole day. NO SOLID FOODS.
- Patient must be accompanied by a driver on the day of your procedure. You will also need someone to stay with you AFTER the procedure due to the sedation and amnesia effect.
- You cannot drive for 24 hours after your procedure.
- Bring your photo ID and insurance cards to the facility on the day of the procedure.
- Please note there are separate doctor's fee, facility fee, and pathology fee.

5 PM ON THE EVENING BEFORE PROCEDURE

STEP 1	STEP 2	STEP 3
AT 5PM ADD DRINKING WATER TO THE TOP LINE OF THE GOLYTELY BOTTLE. CAP THE BOTTLE AND SHAKE TO DISSOLVE THE POWDER.	DRINK (1) 8-OUNCE GLASS EVERY 10 MINUTES UNTIL HALF THE BOTTLE OF GOLYTELY IS EMPTY. TIP: USING STRAW MAY BE EASIER	REFRIGERATE THE REMAINDER.

4 HOURS PRIOR TO YOUR PROCEDURE

STEP 1	STEP 2
DRINK THE REMAINING HALF OF GOLYTELY. (1) 8-OUNCE GLASS EVERY 10 MINUTES UNTIL THE BOTTLE OF GOLYTELY IS COMPLETELY EMPTY.	STOP ALL CLEAR LIQUIDS 2 HOURS BEFORE PROCEDURE.

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