

MICHELLE RANDOLPH

Phone: 907-222-5077 Fax: 907-222-5088

DATE OF PROCEDURE:	TIME OF PROCEDURE:	CHECK IN TIME:
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PROCEDURE LOCATION:

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REMINDER STOP ALL LIQUIDS AT LEAST 2 HOURS BEFORE YOUR PROCEDURE

To cancel or reschedule a procedure, you must notify our office 4 business days in advance to avoid a cancellation fee: \$100.

Please note there are separate fees for doctor, facility, anesthesiologist, and pathology fee.

Please consult Dr. Randolph if you are taking any blood thinners.

Patients that are diabetic

Take ½ the dose of your diabetic medication the day before your procedure & none the day of your procedure.

IF YOU ARE ON **PHENTERMINE** PLEASE HOLD THIS MEDICATION STARTING 7 DAYS PRIOR TO PROCEDURE.

Please pick up your Sutab as soon as possible at the pharmacy.

5 days before your procedure, DO NOT EAT ANY SEEDS OR NUTS.

1 day before procedure, you will be on a clear liquid diet the whole day. NO SOLID FOODS.

Patient must be accompanied by a driver on the day of your procedure. You will also need someone to stay with you AFTER the procedure due to the sedation and amnesia effect.

You cannot drive for 24 hours after your procedure.

Bring your photo ID and insurance cards to the facility on the day of the procedure.

If biopsy is taken, results will be mailed within 10 business days from procedure date.

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On the Day Before Your Procedure

What You CAN Do

- Clear liquids only.

Liquids That Are OK to Drink



- Coffee or tea (no cream or nondairy creamer)
- Fruit juices (without pulp)
- Gelatin desserts (no fruit or topping)
- Water
- Chicken broth
- Clear soda (such as ginger ale)

What You CANNOT Do

- Do not drink milk or eat or drink anything colored red, purple, or blue.
- Do not drink alcohol.
- Do not take other laxatives while taking SUTAB.
- Do not take oral medications within 1 hour of starting each dose of SUTAB.
- If taking tetracycline or fluoroquinolone antibiotics, iron, digoxin, chlorpromazine, or penicillamine, take these medications at least 2 hours before and not less than 6 hours after administration of each dose of SUTAB.



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The Dosing Regimen

SUTAB is a split-dose (2-day) regimen. A total of 24 tablets is required for complete preparation for colonoscopy. You will take the tablets in two doses of 12 tablets each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.

[DOSE 1] 5PM (On the Day Prior of Colonoscopy)

Take the tablets with water

STEP 1 Open 1 bottle of 12 tablets.

STEP 2 Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water and drink the entire amount of water over 15 to 20 minutes.



Tablets not shown actual size.

IMPORTANT: If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish.

Drink additional water

STEP 3 Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

STEP 4 Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

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[DOSE 2] 5 HOURS PRIOR TO YOUR PROCEDURE (Day of Colonoscopy)

- Continue to consume only clear liquids until after the colonoscopy
- The morning of the colonoscopy (**5 hours prior to the colonoscopy** and no sooner than 4 hours from starting Dose 1), open the second bottle of 12 tablets
- Repeat STEP 1 to STEP 4 from DOSE 1



Tablets not shown actual size.

- **IMPORTANT:** You must complete all SUTAB tablets and required water at least 2 hours before colonoscopy.