

MICHELLE RANDOLPH

Phone: 907-222-5077 Fax: 907-222-5088

DATE OF PROCEDURE:

TIME OF PROCEDURE:

CHECK IN TIME:

PROCEDURE LOCATION:

THE WHOLE DAY BEFORE PROCEDURE

- LOW RESIDUE DINNER
- DO NOT DRINK MILK
- DO NOT CONSUME ANYTHING RED OR PURPLE
- DO NOT DRINK ALCOHOL
- STAY HYDRATED

DAY OF PROCEDURE

- ONLY CLEAR LIQUIDS
- NOTHING BY MOUTH 2 HOURS PRIOR TO PROCEDURE
- 2 TAP WATER ENEMAS 2-3 HOURS PRIOR TO SCHEDULED PROCEDURE TIME

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SIGMOIDOSCOPY INSTRUCTIONS

REMINDER STOP ALL LIQUIDS AT LEAST 2 HOURS BEFORE YOUR PROCEDURE

- If you are taking any blood thinners, please discuss with Dr. Randolph.
 - Patients that are diabetic
Take ½ the dose of your diabetic medication the day before your procedure & none the day of your procedure.
 - Purchase 2 tap water enemas (it should be over the counter).
 - To cancel or reschedule a procedure, you must notify our office 4 business days in advance to avoid a cancellation fee: \$100.**
 - 5 days before your procedure, DO NOT EAT ANY SEEDS OR NUTS.
 - Patient must be accompanied by a driver on the day of your procedure. You will also need someone to stay with you AFTER the procedure due to the sedation and amnesia effect.
 - You cannot drive for 24 hours after your procedure.
 - Bring your photo ID and insurance cards to the facility on the day of the procedure.
 - If biopsy is taken, please allow 7-10 business days for us to receive results.
 - Please note there are separate doctor's fee, facility fee, and pathology fee.**
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2 hours prior to your procedure:

<p>STEP 1: USE 2 TAP WATER ENEMAS ONLY HAVE CLEAR LIQUIDS – NO FOOD</p>	<p>STEP 2: STOP ALL FLUIDS 2 HOURS PRIOR TO PROCEDURE</p>
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